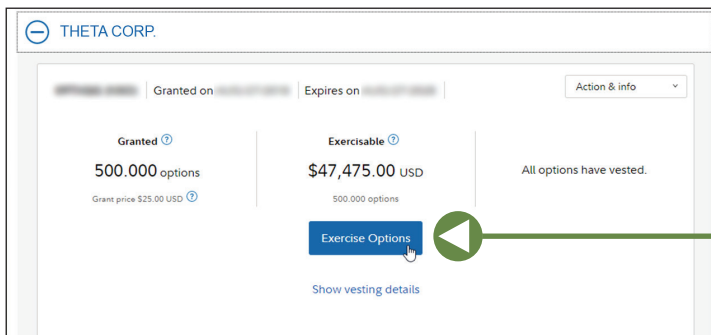




Exercising Your Award

A quick-start guide for stock plan participants

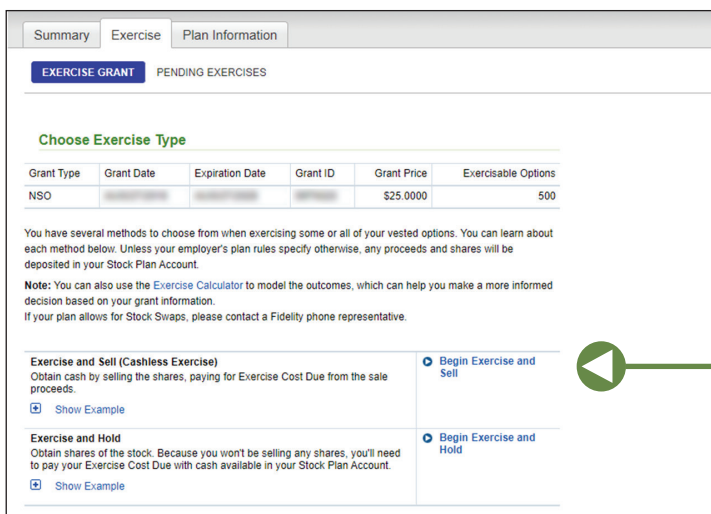
If you received stock options or stock appreciation rights from your employer, and you decide to purchase company stock, it's called "exercising." Once you receive your shares, you can hold them or sell them to get cash.*



Screenshot is for illustrative purposes only.

Step 1.

Log in to [NetBenefits.com](https://www.netbenefits.com) and select your stock plan. From the *Summary* tab choose which award you want to exercise and select *Exercise Options*.



Screenshot is for illustrative purposes only.

Step 2.

Select an exercise method and enter the details for the transaction. There may be several exercise methods for you to consider. You will only see those methods permitted by your employer. Follow the prompts to finish exercising your award.

For further assistance, contact a Fidelity Stock Plan Services Representative at **800.544.9354**.

*Check your plan documents for any rules that may require you to hold your stock for a specified period.