

# Fidelity Stock Plan Services

## Getting started.

You've earned an equity award from Johnson & Johnson.



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### Your award at a glance: Stock Options

Congratulations on being recognised for all the work you do. Stock Options can help you build your personal wealth potential and make it easier to reach your financial goals.

Below are some general steps that could occur during the lifecycle of your award. Be sure to check your own plan rules for details about your specific award.

Click [here](#) to view this content and video in additional languages.



**1. Receive your award** and log into [NetBenefits](#).



**2. Accept your award**

You must accept your award agreement terms in order to exercise stock options.



**4. Your award is vested**

You've met all company requirements, including the waiting or "vesting" period.



**6. Exercise your options**

The exercise method used will determine whether you receive shares or cash.



**3. Set up bank wire instructions**

This can take up to two weeks to process.



**5. Decide if and when to exercise your options**

You have until the expiration date to take action.



**7. View your shares or cash**

Log in to [NetBenefits.com](#) to see what you received (minus taxes, if applicable).

Consider these smart next steps to make things easier later on.

Bookmark the [Stock Plan Services Resource Center](#) for ongoing help.



Investing involves risk, including risk of loss.

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Recordkeeping and administrative services for your company's equity compensation plans are provided by your company and its service providers.

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